

Infant Center Breakfast and Lunch Menu for Birth through 11 Months

2024-2025

BIRTH THROUGH 5 MONTHS					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAST-MILK OR FORMULA	4 - 6 Fluid oz. Breastmilk OR 4 - 6 Fluid oz. Formula ¹ (CMS #1567)	4 - 6 Fluid oz. Breastmilk OR 4 - 6 Fluid oz. Formula ¹ (CMS #1567)	4 - 6 Fluid oz. Breastmilk OR 4 - 6 Fluid oz. Formula ¹ (CMS #1567)	4 - 6 Fluid oz. Breastmilk OR 4 - 6 Fluid oz. Formula ¹ (CMS #1567)	4 - 6 Fluid oz. Breastmilk OR 4 - 6 Fluid oz. Formula ¹ (CMS #1567)
6 MONTHS THROUGH 11 MONTHS					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAST-MILK OR FORMULA	6 - 8 Fluid oz. Breastmilk OR 6 - 8 Fluid oz. Formula ¹ (CMS #1567)	6 - 8 Fluid oz. Breastmilk OR 6 - 8 Fluid oz. Formula ¹ (CMS #1567)	6 - 8 Fluid oz. Breastmilk OR 6 - 8 Fluid oz. Formula ¹ (CMS #1567)	6 - 8 Fluid oz. Breastmilk OR 6 - 8 Fluid oz. Formula ¹ (CMS #1567)	6 - 8 Fluid oz. Breastmilk OR 6 - 8 Fluid oz. Formula ¹ (CMS #1567)
GRAIN and/or MEAT OR MEAT ALT.*	0-4 Tbsp. Infant Oatmeal Cereal (CMS #1065) OR 0-4 Tbsp. Beef (CMS #1559) OR 0-4 Tbsp. Chicken (CMS #1556) OR 0-2 oz. Cheese (CMS #2525) OR 0-4 oz. or ½ c. Yogurt (CMS #7099-DW, CMS #9024-CB) OR a combination of the above	0-4 Tbsp. Infant Oatmeal Cereal (CMS #1065) OR 0-4 Tbsp. Beef (CMS #1559) OR 0-4 Tbsp. Chicken (CMS #1556) OR 0-2 oz. Cheese (CMS #2525) OR 0-4 oz. or ½ c. Yogurt (CMS #7099-DW, CMS #9024-CB) OR a combination of the above	0-4 Tbsp. Infant Oatmeal Cereal (CMS #1065) OR 0-4 Tbsp. Beef (CMS #1559) OR 0-4 Tbsp. Chicken (CMS #1556) OR 0-2 oz. Cheese (CMS #2525) OR 0-4 oz. or ½ c. Yogurt (CMS #7099-DW, CMS #9024-CB) OR a combination of the above	0-4 Tbsp. Infant Oatmeal Cereal (CMS #1065) OR 0-4 Tbsp. Beef (CMS #1559) OR 0-4 Tbsp. Chicken (CMS #1556) OR 0-2 oz. Cheese (CMS #2525) OR 0-4 oz. or ½ c. Yogurt (CMS #7099-DW, CMS #9024-CB) OR a combination of the above	0-4 Tbsp. Infant Oatmeal Cereal (CMS #1065) OR 0-4 Tbsp. Beef (CMS #1559) OR 0-4 Tbsp. Chicken (CMS #1556) OR 0-2 oz. Cheese (CMS #2525) OR 0-4 oz. or ½ c. Yogurt (CMS #7099-DW, CMS #9024-CB) OR a combination of the above
FRUIT/ VEG*	0-2 Tbsp. Vegetable ² OR 0 – 2 Tbsp. Fruit ³ OR a combination of both	0-2 Tbsp. Vegetable ² OR 0 – 2 Tbsp. Fruit ³ OR a combination of both	0-2 Tbsp. Vegetable ² OR 0 – 2 Tbsp. Fruit ³ OR a combination of both	0-2 Tbsp. Vegetable ² OR 0 – 2 Tbsp. Fruit ³ OR a combination of both	0-2 Tbsp. Vegetable ² OR 0 – 2 Tbsp. Fruit ³ OR a combination of both

¹Formula: Formula may be brought from home. If a different formula other than CMS #1567 is to be provided by the school site due to a medical condition, a special diet form must be submitted to SpecialDiet@lausd.net. Special Formulas can be ordered by emailing your Nutrition Specialist.

²Vegetable Choices- Carrots (CMS #1112), Green Beans (CMS #1113), Peas (CMS #1245), Sweet Potatoes (CMS #1238).

³Fruit Choices- Bananas (CMS #1231), Peaches (CMS #1226), Pears (CMS #1468).

***A serving of this component is required when the infant is developmentally ready to accept it.**

ALL MENUS SUBJECT TO CHANGE

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